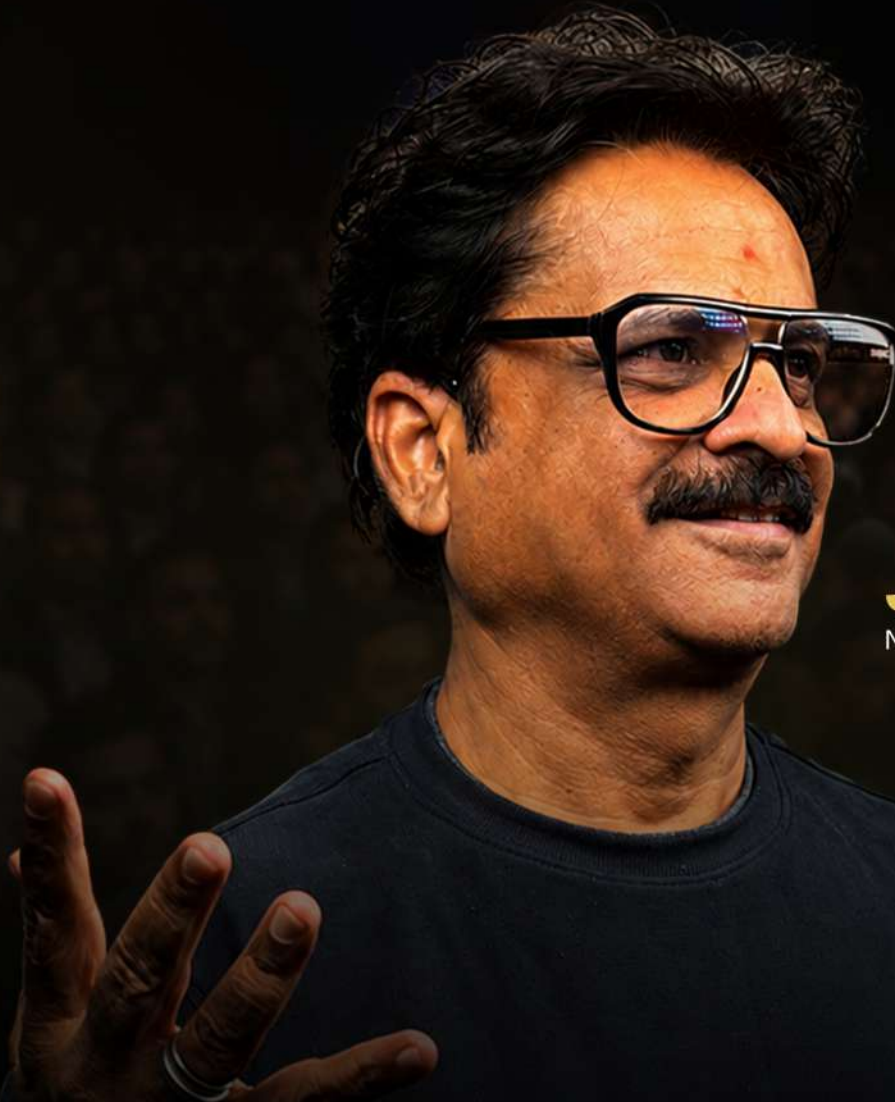




SPIRITUAL GROWTH *mastery program*

ONLINE

ANNUAL PACKAGE



Jeetu Sharma

NLP Expert | Manifestation Coach

Discover Inner Peace, Spiritual Growth & Life Purpose

A powerful **8-week journey** designed to help you reconnect with your **authentic self**, **cultivate mindfulness**, and create a life aligned with **purpose, clarity, and inner fulfillment**.

Whether you're seeking **deeper meaning, emotional balance, spiritual growth**, or simply a greater **sense of peace**, this program provides **practical tools and timeless wisdom** to support your transformation.

About The Course

Transform your inner world and create a life filled with clarity, purpose, and fulfillment.

Spiritual Growth Mastery is a comprehensive journey designed to help individuals deepen their self-awareness, cultivate inner peace, and align with their true purpose. In today's fast-paced world, many people experience stress, confusion, emotional overwhelm, and a lack of direction. This course provides practical tools, timeless wisdom, and transformative practices to help you reconnect with yourself and live with greater meaning and authenticity.



Core Curriculum

Your Week-By-Week Path To Spiritual Journey



MODULE 1

Understanding Spiritual Growth

Build a strong foundation by gaining clarity on your life journey, purpose, and growth intentions.



MODULE 2

Discovering Your Life Purpose

Explore your strengths, passions, and values to uncover your true purpose.



MODULE 3

Mindfulness & Present Moment Awareness

Develop mindfulness practices to stay present, reduce stress, and improve focus.



MODULE 4

Meditation & Inner Stillness

Experience meditation to cultivate inner peace, mental clarity, and deeper self-connection.



MODULE 5

Emotional Healing & Self-Acceptance

Identify limiting beliefs, practice self-compassion, and embrace healing for personal growth.



MODULE 6

Energy Awareness & Alignment

Understand your energy and restore balance, vitality, and overall well-being.



MODULE 7

Gratitude, Compassion & Service

Develop a mindset of gratitude and compassion for stronger relationships and well-being.



MODULE 8

Living with Purpose & Conscious Intention

Integrate your learning and create a sustainable plan for lifelong personal growth.

What You'll Gain

- ✓ Greater self-awareness and clarity
- ✓ Stronger emotional resilience
- ✓ Improved mindfulness and presence
- ✓ Reduced stress and mental overwhelm
- ✓ A deeper connection with your purpose
- ✓ Sustainable habits for conscious living



What You'll *Master?*

Five Foundational Disciplines for Lasting Inner Transformation

01 Self-Awareness & Inner Connection

Understand your thoughts, emotions, and beliefs to build self-awareness and reconnect with your authentic self.

02 Mindfulness & Presence

Learn practical mindfulness techniques to reduce stress, improve focus, and stay present.

03 Spiritual Alignment

Align your values, actions, and purpose to support personal growth and meaningful living.

04 Emotional & Energetic Balance

Build emotional resilience by managing emotions, releasing emotional blocks, and restoring inner balance.

05 Conscious Living

Turn awareness into action by making intentional choices that support personal growth and well-being.

Program *Outcomes*

Develop a Stronger Connection with Yourself

Gain greater self-awareness and confidence in understanding your thoughts, emotions, and motivations.

Cultivate Inner Peace & Emotional Balance

Respond to life's challenges with calmness, resilience, and emotional stability.

Practice Mindfulness & Meditation with Confidence

Build practical habits that support mental clarity, focus, and overall well-being

Gain Clarity on Your Purpose & Values

Make decisions that align with what truly matters to you and create a more meaningful life.

Build Resilience During Life's Challenges

Develop tools to navigate uncertainty, setbacks, and stress with strength and perspective.

Create Healthier Thought Patterns & Habits

Replace limiting beliefs and reactive behaviors with empowering, intentional practices..

Live with Greater Intention, Gratitude & Fulfillment

Experience deeper satisfaction, stronger relationships, and a greater sense of purpose.

Continue Your Growth Journey with Confidence

Leave the program with a personalized roadmap and practical tools for lifelong spiritual development

Begin Your Transformation Today

- Reconnect with your true self.
- Discover your purpose.
- Create a life of clarity, peace, and fulfillment.

~~₹ 50,000/-~~

₹ 17,999/- (Exc. GST)

Please **get in touch** with us for **latest program details & schedule.**

ENROLL TODAY



Call Us On:

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Visit Us At:

coachjeetusharma.com